



*SAN FRANCISCO FIRE DEPARTMENT*  
Public Information Office

08/11/2015

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Media Advisory

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0945 Hrs

For Immediate Release PST  
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**SFFD & American Heart Association to Teach Hands Only  
Cardiopulmonary Resuscitation (CPR) to SFUSD Health Educators for  
Implementation into the Fall 2015 School Curriculum**

Approximately 80% of out-of-hospital cardiac arrests happen at home. Less than 8% of people who suffer cardiac arrest outside the hospital survive.

Effective bystander Cardiopulmonary Resuscitation (CPR) provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival, but only 32% of cardiac arrest victims get CPR from a bystander. Sadly, a majority of Americans feel helpless to act during a cardiac emergency because they do not know how to administer CPR.

On June 5<sup>th</sup> of this year, the American Heart Association, the San Francisco Unified School District, the San Francisco Board of Education and the San Francisco Fire Department announced a partnership that will bring CPR training into every 9<sup>th</sup> grade public school health class in San Francisco, making it a required course for High School Graduation. San Francisco Unified School District is the largest school district in the nation to implement this program.

"We are empowering the next generation in San Francisco", said Chief Hayes-White "Now that we know how effective hands-only CPR is it makes sense to include it in the school curriculum."

The San Francisco Fire Department and the San Francisco CPR Consortium will be spending the afternoon on Thursday, August 13<sup>th</sup> instructing SFUSD Health educators on how easy it is to learn this simple technique. No mouth-to-mouth breathing is required.

When a person has a heart attack, survival depends on immediately getting CPR from someone nearby. That someone will most likely be someone you know.

**WHO:** SF CPR Consortium, Chief Joanne Hayes-White & Fire Department Members  
**WHAT:** Hand-only CPR Train the Trainer  
**WHERE:** School Health Programs Building, 1515 Quintara  
**WHEN:** Thursday, August 13, 2015 at 1:00PM

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