## **NERTNews**



San Francisco Neighborhood Emergency Response Team

## Ready or Not? by Sophie S, Noe NERT

Hundreds of events,
exhibitions and activities
are planned, for the
100th anniversary of the
1906 quake.
For information, check the
1906 Earthquake
Centennial Alliance
web site:
1906centennial.org/

activities/

Inside this issue:

Team Directory

**ERD** Information

Class Schedule

Leadership & NERT

ast Thursday, 7:00 pm. The four of us (2 parents, I toddler, I preschooler) were gathered in the living room, standing - getting ready for some activity. And the power went out - house and street got cave-dark for several blocks. As a trained NERT, I should have stopped, thought, and then acted – or had it planned and practiced beforehand. After all, my flash light was within arm's reach in the mail holder next to the door. I simply panicked. Should I move? Should I not? Who or what was my priority? I finally decided to call my toddler, who was paralyzed by surprise, just 2 feet in front of me; heard his voice call back and grabbed him. What if there had been a toy car under my foot? I know, I should have extended my arms, slowly moved to the flashlight, and lit it **before** anybody moved.

Are we **really** ready? I thought I was ready for an earthquake—but one that happens during day light or perhaps while all the family were sleeping and safe in their beds. But what about while I'm holding a steaming pot of vegetables in the dark of winter? Would I drop my pot and burn myself? Would I remember to turn off the stove? What if I had forgotten to close the gate in the kitchen and had been cooking while my little one was too close for his own safety?

Please, make sure your house is as safe as you can make up. Pick up toys regularly. Declutter your kitchen countertops, so you will be able to put your hot pots down safely. Attach heavy furniture, put flashlights in every room. And get in the habit of being safe on the stairs—no overload of junk in your arms and repair or install a handrail. Earthquake or power outage — be ready!

## Paying It Forward

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he lesson of the movie *Pay It Forward* is simple: repay the good deeds done to you by doing good for another. NERT graduates—no matter when you graduated—can pay it forward in two ways.

**Be a victim.** How contrary! First we tell you don't be a victim and now we reverse the message. Be a victim—for a graduating class. There is nothing like the shocking realization that you will be rescuing real people who could have real injuries. 6:00pm Evenings: **March 16** Sunset Church Hall 3635 Lawton at 42nd Ave, **April 3** Dolores Plaza 1839-15th St. **April 4** 1550 Bryant Street, **March 24** Golden Gate Yacht Club, 12:30pm Saturday afternoon: **March 18** Noe Valley Ministry Hall 1021 Sanchez at Elizabeth. Wear old clothes, come ready for fun and drama!

Enroll neighbors, family, colleagues in NERT. We will need each other and we will need all the trained people we can get to deal with "The Big One". Don't accept no, don't accept excuses—be creative and find ways to help people with kids or schedules or rides. During March and April, there are at least four classes to mix and match. See the schedule on the back page and check the NERT web site for the latest schedule. You made a wise decision to get NERT training. Help someone else make that same great decision!

#### Advisory Board

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NERTNews is the official voice of the San Francisco NERT Program.

For address corrections or changes, contact the NERT Program Coordinator (above).

To contribute articles, contact Editor Lynn Jacklevich at kg6cev@yahoo.com or phone at 415-282-4195 or contact the NERT Program Coordinator.

Submission deadline is the first Friday in February, May, August, and November. Submitted materials are subject to editing for style, content and length. NERT is not obliged to publish materials received. All rights are reserved. For permission to reproduce or distribute any of the content, contact SF Fire Department for conditions and approval.



### 1906 Anniversary and NERT

he 1906 earthquake struck at 5:12 a.m. on April 18, a Wednesday. The earth shook severely for almost a minute; the magnitude is officially between 7.7 and 7.9. The rupture of the San Andreas fault extended 290 miles and caused a surface 'offset' of up to 20 feet. The official report in 1906 counted fewer than 700 deaths in San Francisco, Santa Rosa, and San Jose; recent research suggests more than 3000. More than half of San Francisco's 400,000 residents were made homeless in the first 3 days from earthquake or fire; more than 28,000 buildings were destroyed. Fire destroyed 4.7 square miles of prime real estate and well-developed business and industry—affecting poor and rich alike for months after.

There were benefits, though bought at a high price: advances in earthquake science and building engineering. Improved earthquake monitoring led to better knowledge of the fault

systems and stresses. These in turn helped anticipate risks and brought improved building codes. In many ways we are safer now. But there are also increased risks and hazards. We now number 750,000 residents, swelling to more than double that during the work day; once open areas where 'refugees' could find safety now house thousands; gone are the gas jets for light and heat, but an electrical power outage will have severe consequences on both survival and recovery.



Tremendous changes have occurred in personal preparedness: bottled water and packaged foods, outdoor gear and tools, first aid kits and space blankets! And **knowledge**! We know so much more about how to plan, prepare, how to safeguard our families and homes. We NERTs especially have come a long way from our 1906 counterparts. And we learn more every year.

For 1906 or general earthquake reading, the editor recommends: Denial of Disaster by Gladys Hansen and Emmet Condon (1989), A Crack in the Edge of the World by Simon Winchester (2005) and Assembling California by John McPhee (1994). For preparedness, you can't beat the USGS publication: Putting Down Roots in Earthquake Country available from the USGS web site and the vast array of information at www.prepare.org.

## Centennial Special: Cartography of Ashes

rtist Dolissa Medina has been named a Mediamaker Award recipient by the Bay Area Video Coalition for her 1906 San Francisco Earthquake Centennial film project, Cartography of Ashes. Produced for the 100th anniversary of the earthquake this April, Cartography of Ashes is an experimental documentary that tells stories of the conflagration that destroyed San Francisco in the aftermath of the quake.

Created in collaboration with the San Francisco Fire Department, the film will premiere as a free outdoor screening on Friday, April 21 at Fire Station #7 on 19th and Folsom Streets (the SFFD Division of Training).

NERT can be part of this world premiere: we need twenty people to help set up chairs and direct people and traffic. If you wish to help at this special centennial event, please contact Lt. Erica Arteseros at sffdnert@sfgov.org, or David Hirtz or Barbara Underberg. Their contact information is in the Advisory Board directory on this page. This is one more chance for NERT to be in the forefront—call and volunteer!

## NERT 2006 Calendar

#### **March**

- 12 St. Patrick's Day Parade
- 15 Advisory Board, Wed 6:30 pm, FD-DOT
- 22 NERT Neighborhood Leaders Meeting, Wed 6:30 pm, FD-DOT



#### <u>April</u>

- 15-17 2006 Expo, Pier 48; staff our NERT booth!
- 18 Lotta's Fountain &1906 Anniversary Kick Off, Tues 4:45am
- 19 Advisory Board, Wed 6:30 pm, FD-DOT
- 21 Cartography of Ashes premiere, FD-DOT; volunteer!
- 22 Drill—Citywide Exercise, Sat 8:30 am, Marina Middle School

#### <u>May</u>

- 17 Advisory Board, Wed 6:30 pm, FD-DOT
- 20 Drill 1906 Anniversary and Advanced Skills, Sat morning

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- 7 NERT Leaders Meeting, Wed 6:30 pm, FD-DOT
- 21 Advisory Board, Wed 6:30 pm, FD-DOT
- 23 Drill 1906 Anniversary and Advanced Skills, Fri evening

#### <u>July</u>

- 19 Advisory Board, Wed 6:30 pm, FD-DOT
- 23 Drill 1906 Anniversary and Advanced Skills, Sun noon

#### **August**

- 16 Advisory Board, Wed 6:30 pm, FD-DOT
- 19 Drill 1906 Anniversary and Advanced Skills, Sat morning
- 23 NERT Leaders Meeting, Wed 6:30 pm, FD-DOT

#### **September**

- 9 Drill 1906 Anniversary and Advanced Skills, Sat morning
- 20 Advisory Board, Wed 6:30 pm, FD-DOT
- 27 Advisory Board Calendar Setting Meeting

#### October

- 14 Citywide Drill and 1906 Anniversary Drill, Sat 8:30 am
- 18 Advisory Board, Wed 6:30 pm, FD-DOT
- 25 NERT Leaders Meeting, Wed 6:30 pm, FD-DOT

#### **November**

- 15 Advisory Board, Wed 6:30 pm, FD-DOT
- TBD Year End Celebration

Some teams meet regularly to stay prepared and informed, to practice skills, and to be active in their communities. Check with your coordinator (see pages 6 and 7).

## St. Patrick's Day Parade

Thanks to Sunset Team member, Eilish Cronin, NERT is marching in the St. Patrick's Day Parade, Sunday March 12. This will be our second time in the parade and our second chance this year to 'strut our stuff' for all San Francisco to see. (The first was the Chinese New Year's Parade.) If you want to help us "Irish-ize" the van, come early; if you can march the length of the parade, come early! Early marchers contact Eilish at elizcronin@wans.net for assembly time and place. The parade start time is 1:00 pm. If you can't get there early, join in anywhere along the parade route. Two excellent spots are at Second & Market, the official starting place, and at McAllister & Market, in time to swell the ranks before we get to the viewing stand—and a much shorter walk! Let's see if we can take the award for Best Senior Marching entry again!

#### Calendar Notes

#### **Drills/Advanced Training**

2006 drills will focus on skills and on what happened around the City on and after April 18, 1906.

#### **Ham Crams**

are held quarterly.
Check the NERT web site or contact
Dave Gomberg at dave | @wcf.com or
SF Ares Exam at http://www.wcf.com/
sfares/exams/.

#### **Ham Communications Training**

is scheduled 2-4 weeks after a ham cram. Contact Bob Jacklevich at jacklevich@yahoo.com.

#### **Advisory Board Meetings**

are held monthly.

Contact information for
Board members is on page 2.

#### Neighborhood Leaders Meetings

(formerly Coordinator Meetings)
- an opportunity for NERTs, team
members and leaders, around the City
to meet, learn, and socialize;
held at the SFFD Dept of Training.
All are welcome.

#### 55+ Outreach

Special program for those 55 and over to raise emergency preparedness awareness and promote NERT. "Kick-off" meetings are scheduled as people volunteer.
Check the NERT web site.

#### Class Schedule/Class 6

Schedule is on page 8. Victims are always needed for Class 6.

#### Web Site:

www.sfgov.org/sffdnert
FD-DOT is the SF Fire Department
Division of Training at 19th &
Folsom. Enter parking lot from 19th.



### TEAM NEWS

#### BALBOA TERRACE/MT DAVIDSON MANOR

We've been having a good number of NERT class trainings in our neighborhood lately. Congratulations to our new NERT team members and please keep active with our organization. We look forward to the Great Quake celebration in April and also the opportunity to publicize NERT and preparedness for everybody. Sue Yip, sdyip@juno.com 

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#### EXCELSIOR Team Community Meetings

After Hurricane Katrina, Darrell Bross called an all Community meeting to show the importance of preparedness. He will hold team/Community meetings Saturday 3/25/06 and 5/27/06, 1:00pm, SF Public Library, 4400 Mission St. dbross I @rcn.com

#### Looking at INGLESIDE With "Disaster Eyes"

If you live in San Francisco's Ingleside District, don't be surprised if you look outside and see people in bright yellow helmets and orange vests taking notes as they walk through the neighborhood. You've just spotted a team from Ingleside NERT, learning about the district's geography, homes, and businesses, and about potential hazards that could arise after a disaster.

Among the information revealed so far in the team's neighborhood assessment: Ingleside is inundated with power lines, and numerous poles appear damaged or rotten. Many homes have tile roofs and brick chimneys that could become hazards to occupants or neighbors in a severe earthquake. There are a number of child care centers scattered throughout the district; some are not well marked. Ingleside also is home to many elderly and disabled residents who may require assistance in a disaster.

Team members Carol Wolff and Mary Ryan have created a Word template for the team to use to enter their findings into a computer database. The findings can then be prioritized according to potential number of people affected, seriousness of the threat, and other criteria. The team can then use this information to help mitigate potential threats before a disaster if possible, and to develop a response plan should disaster strike.

For more information about Ingleside NERT, call Edie Schaffer at 415-337-9735 or e-mail edie\_schaffer@yahoo.com. 回

#### MARINA NERT

The Marina is waking up! We have a new organization, Marina Community Association. Gail Goldyne is the Acting Chair of the Disaster Preparedness Committee. At its inaugural meeting Jan. 23rd, CMA decided to organize every block via the SAFE model and to recruit NERT students. A NERT class begins in the Marina Monday, March 20 at the Golden Gate Yacht Club from 6-9 pm, continuing March 27, April 3, 10, 17 and 24. We are looking for team coordinators and block leaders—we need YOU!

There will be a permanent Marina Monument for the Loma Prieta earthquake installed near the Marina Green on the waterfront. At the 2006 Expo, April 15-17, there will be a display of the design plans and historical and educational materials about the 1989 quake - the Fireboat Phoenix, the portable hydrant system, and the founding of SF NERT. We need NERT volunteers to help at the booth for 3-hour shifts from 9 am through 6 pm at Pier 48. Contact the NERT office.

#### POTRERO HILL

Congratulations to the forty-five graduates of our recent class—especially all the Potrero Hill residents! For our organizing meeting, we'll meet **Thursday March 16**, 7:30 p.m. in St. Teresa's Church Hall. Interest is split evenly between monthly and bimonthly meetings—and we have yet to hear from other members. With luck, we can find a day, time, and place that will accommodate most schedules most of the time! In the meantime, please try to be a victim for the classes graduating on March 6 and March 7. Call or email me with any questions and suggestions, *Lynn Jacklevich*, 282-4195, kg6cev@yahoo.com.

### Got Time? National Volunteer Week is April 23-29

Volunteers are need all year around, disaster or not! You can help—and your NERT training will help you!

American Red Cross-Bay Area is always in need of volunteers, here and around the world, for a few days or longer. Check the web sites: www.bayarea-redcross.org/topnav/vol/vol.htm or www.redcross.org/donate/volunteer.

CARD Community Agencies Responding to Disaster. SFCARD works with human service agencies serving vulnerable populations in San Francisco. Contact SFCARD Coordinator Alessa Adamo, Alessa@sfcard.org, (415)786-0552, www.sfcard.org. SF Volunteer Center provides San Francisco with a centralized source of volunteer information, assisting individuals serve their communities. Check their web site: www.thevolunteercenter.net.

## HAMs on the Go by Bob Jacklevich

am radio operators will be in great demand after a disaster and can expect to be working as communicators for many hours. You will need to take a break; however, your equipment could still be used. The following suggestions for your radio go kit will help you be as versatile as possible:

- √ your HT or other two meter transceiver with battery
- √ at least two extra batteries or battery packs
- ✓ charging equipment—plug into cigarette lighter or clip to car battery or gel cell
- √ a larger antenna as well as the usual "rubber duck" antenna (especially important in the Mission and Marina where there are transmission problems) - magnetic mounting antennas are great and not too expensive
- ✓ speaker microphone and/or headset with boom microphone
- ✓ list of radio frequencies; your radio should already be programmed with the NERT ERD frequencies (see page 7)
- √ instructions and information about your radio
- ✓ log book or NERT forms—or plain paper—and lots of pencils
- ✓ personal kit—water, energy bars, clothes—the usual items for a personal go kit; toss in gum or throat lozenges—you'll be talking a lot!

complete kit is essential and so are skills. To be an accomplished radio communicator, you should:

- √ become very familiar with your radio
- ✓ take part in radio nets as often as possible (see the side bar on this page)
- √ take part in as many NERT exercises and drills as you can
- ✓ get training: emergency communications, Incident Command System
- ✓ consider joining a club or getting more involved with other NERT hams

# 2006 Drills We need your help to plan all events! Contact the Advisory Board now!

| When   | Where (Dates and Times Subject to change.)  |  |  |
|--|---|--|--|
| April 18<br>Tues 4:45A   | Lotta's Fountain—Honor the 1906 survivors.  |  |  |
| April 22<br>Sat a.m.   | Citywide drill—Marina Middle School; start the year with a practice of search, rescue and triage skills, get acquainted with other NERTs. |  |  |
| May 20<br>Sat a.m.   | City Hall? North of Market? Western Addition? Will our city government need to relocate?  |  |  |
| June 23 Downtown – Justin Herman Plaza? Trade Center? Imagine the consequences of an 8.0 + earthquake downtown on a Friday evening |   |  |  |
| July 23<br>Sun noon  | , , ,   |  |  |
| August 19<br>Sat a.m.  | Sunset? Merced? Zoo? Many changes here too since 1906—what will we do?  |  |  |
| September 9<br>Sat a.m.  | '   |  |  |
| October 14 Marina—Remembering Loma Prieta and NERT's beginnings. See ho we've improved since April.                                |   |  |  |



You can contact NERT hams through Bob Jacklevich, 415-282-4195 or KF6PFV on local repeaters. NERT Ham Communications Team (HCT) can listen and learn from the Auxiliary Communications Service. ACS holds two 'nets' weekly.

"Siren Net", every Tuesday at noon, is your chance to call in and report on the operation of sirens located throughout the City. Call in on the W6TP repeater: 443.100+ pl 114.8 or 146.79– pl 114.8.

"ACS Net" for ACS members is Thursdays at 7:30 p.m. on WA6GG repeater, 442.050+ pl 127.3. All are welcome! ACS Operations phone 415-558-2717.

San Francisco's geography makes it necessary to use different repeaters. Hams on the north and west sides of the City should use 145.150; on the east and south sides, use 146.79- or 443.100 pl 114.8. Red Cross Mass Care Shelter simplex frequency is 147.420; monitor 145.15+ and 146.79-.

The San Francisco Amateur Radio Club is another resource for Hams. Call 415-563-2111 or check the web site, www.sfarc.org or phone 415-245-1114. The SFARC radio net is Mondays at 8 p.m. on the W6PW repeater, 145.150-pl 114.8.

The latest information on classes, drills and exercises, and NERT events is always on the NERT web site.

The centennial year offers NERT a unique opportunity to be very visible to City residents. We can spread the word about emergency preparedness and NERT at every event. Help us by staffing booths, bringing the NERT message to your local clubs and associations, and participating in drills.

#### **NERT Neighborhood Team Directory**

This directory is for the private use of NERT members only. Any other use is strictly prohibited. Teams are listed with coordinator, contact information, and staging area. If your neighborhood has no team coordinator, we are looking for a leader! Call the NERT office to find out more.

#### Alamo Square, ERD 5

Call 970-2022 to volunteer

### Balboa Terr./Mt Davidson Manor, ERD 9 Susan Yip

Sdyip@juno.com or 469-7559 Aptos Middle School Field, Aptos@Ocean

#### Bayview/Hunters Point, ERD 10

Sister Diane Poole, 822-8437 M.L.King, Jr. Pool, 3rd@Carroll or Jon Colias, 671-0203 jcolias@yahoo.com Mendell Plaza (Mendell/Oakdale) or Jacqueline Bishop, 508-0153 or jacquelinbishop@yahoo.com

#### Bernal Heights, ERD 6 Barbara Underberg, 648-6220

Bret Harte School

Precita Park, Precita@Folsom

#### Castro, ERD 6

Call 970-2022 to volunteer Collingwood Rec Center

### Cayuga, ERD 9 Barbara Fugate,

mousecollector@msn.com Staging area to be determined

#### Chinatown, ERD I

Call 970-2022 to volunteer Portsmouth Square

#### Civic Center, ERD 2

Call 970-2022 to volunteer Site to be determined

#### Diamond Heights, ERD 6

Call 970-2022 to volunteer Christopher Recreation Area

#### **Duboce Triangle, ERD 5**

Rochelle McCune, 861-5758 Duboce Park, Duboce@Steiner

#### Excelsior, ERD 9

Darrell Bross, 469-9785

dbross2@rcn.com

Crocker Amazon Park, Moscow@ France

#### Fisherman's Wharf/N. Waterfront, ERD I

Tim Shackelford,timshackelford@mac.com Staging Area TBD

#### Glen Park, ERD 9

Bonnee Waldstein,

bonneewa@comcast.net Glen Park Rec Center

#### Haight/Ashbury, ERD 5

**Stephanie Taylor**, findslt@yahoo.com Panhandle, Masonic@Oak

#### Hayes Valley, ERD 5

Jamie Lopez, webmaster@askv.org Amanda Kelso/David Marks 864-4780, dmarks@sonic.net Staging Area TBD

#### Ingleside, ERD 9

Edie Schaffer, 337-9735, edie\_schaffer@yahoo.com Holloway b/tw Capitol @ Faxon

#### Ingleside Terrace, ERD 9

Barney Johnson, 584-5223

Junipero Serra Blvd.@Mercedes

#### Inner Richmond, ERD 7

Vincent Louie, 387-4477 Mt. Lake Park, Lake@9th Ave.

#### Inner Sunset, ERD 7

Call 970-2022 to volunteer
Golden Gate Park, 7th Ave@Lincoln

#### Laguna Honda, ERD 8

Call 970-2022 to volunteer Triangle Park, Laguna Honda/Balceta

#### Lakeside, ERD 9

**Gene Agatstein** agat@ix.netcom.com Serra Playground, Stonecrest Drive

#### Laurel Heights, ERD 4

Barbara Graham, 425-3104

bgrahamsf-nert@yahoo.com Laurel Hill Playground, Euclid/Collins

#### Lone Mountain/University Terrace, ERD7

Tom Hicks, 309-2098

tomhicks@headwaters in stitute.org

#### Marina, ERD 4

Call 970-2022 to volunteer Moscone Playground, Chestnut/Buchanan

#### Midtown Terrace, ERD 8

Call 970-2022 to volunteer Playground Olympia@Clarendon

#### Mission, ERD 6

Sara Miles, saramiles@comcast.net Niños Unidos playground, 23rd St/Folsom

#### Mission Dolores, ERD 6

**Sally Swope**, 558-8789

sallyswope@earthlink.net
Dolores Park stairs, 19th/Dolores

### Mt. Davidson/Miraloma, ERD 9

Gary Isaacson, 585-9729

Jed Lane, 338-0201, jed@jedlane.com Miraloma Playground, Omar@Sequoia

#### Nob Hill, ERD I

Buck Bradberry, 505 6678 or buck@buckbradberry.info Ritan Hurtado, 776-2742 Huntington Sq Park, California@Taylor

#### Noe Valley, ERD 6

Maxine Fasulis, 641-5536

mfasulis@yahoo.com James Lick School, Noe@Clipper

#### North Beach, ERD I Kathryn Newberg,

matilda\_102@yahoo.com N. B. Playgrnd, Powell@Lombard

#### North of Market, ERD 2

**Barbara Boice**, bboice02@yahoo.com Boeddeker Park, Jones/Eddy

#### North of Panhandle, ERD 5

**Tys Sniffen**, tyss@ideamountain.com Panhandle, Oak@Masonic

#### Outer Richmond, ERD 7

David Hirtz, 387-4244

Washington High School, 31st@Geary

#### Pacific Heights, ERD 4

**Katherine Florio**, kcflorio@hotmail.com Lafayette Park, Gough/Sacramento

#### Park Merced East, ERD 9

**Daniel Zizmor**, dmzizmor@yahoo.com Parking Lot, 640 Palmetto

#### Parkview, ERD 5

Edward (Eddie) Cooke, 415-533-8833 cell, text; escooke2@gmail.com

Kezar Triangle, Lincoln@Arguello

Potrero Hill, ERD 10

Bob & Lynn Jacklevich, 282-4195
kg6cev@yahoo.com
Daniel Webster School, Missouri@20th

Presidio Heights, ERD 4
Carol Solfanelli, Solfanelli@earthlink.net
Presidio Heights Playgrnd, Clay@Laurel

Russian Hill, ERD I
Donald & Betti Miner,
bettiboop2000@yahoo.com
Helen Willis Playground

SOMA Sixth Street Corridor, ERD 3
Gary Schlotterbeck, 971-7096
pro3steeldriver@sbcglobal.net
Staging area TBD

St Francis Woods, ERD 9
Herb & Marnie Gerlach, 664-5215
Terrace Green, Santa Clara@Terrace

South of Market, ERD 3
Brian Dicrocco,

brian\_dicrocco@yahoo.com Moscone - Yerba Buena Gardens

Sunnyside, ERD 9
Robert & Bonnie White, 452-0253
robonwhite@aol.com
Sunnyside Recreation Center

Sunset/Parkside, ERD 8
Diane Rivera, 753-1443,
dianariver@aol.com
John O'Connell Library, 39th@Ortega

Telegraph Hill, ERD I
Jack Oswald, joswald@alio.tv
N. Beach Playgrnd, Powell@ Lombard

Treasure Island, ERD 13
Call 970-2022 to volunteer
School Playground near Station 48

Visitacion Valley, ERD 9
Call 970-2022 to volunteer
Community Center, 50 Raymond

West Portal/Parkside, ERD 8
Diana Lum, dlum@wcf.com, 731-7793
Larson Park, 19th Ave@Ulloa

### Leadership and NERT

hey are still in everyone's minds: the images of Katrina that showed in painful detail that we will be on our own; that we need to be able to take care of

our families and neighbors. A critical element in being self-sufficient is leadership. Whether you planned it or not, as a NERT graduate, you **are** a leader.

You may lead a search and rescue team, you may lead a section in the Incident Command structure-even be the Incident Commander, you may lead your neighbors in sheltering safely in place. You will definitely be leading untrained volunteers—all the eager people who want to help but who don't know what to do or how to do it (who didn't make time for NERT training!).

#### Western Addition, ERD 5

Call 970-2022 to volunteer Uptown Ch. of Christ, Fillmore/McAlister Tennis Courts, Clay@Steiner

#### Westwood Park, ERD 9

Wayne Yake, cdryake@speakeasy.net James Juanillo,

james.juanillo@prurealty.com

Xemena Cordova, ximena@

C21scottkeys.com

Montecito Green, Montecito@Plymouth



### FRD Information

Ham radio operators: For the latest update on ERD simplex frequencies, contact the ACS Operations Officer at 415-558-2717.

| ERD    | Address             | Simplex | Disaster Care Facility                          |
|--------|---------------------|---------|---|
| ERD I  | 1340 Powell St.     | 145.560 | Chinese Hospital, St. Francis                   |
| ERD 2  | 109 Oak St.         | 144.240 | Kaiser, St. Francis                             |
| ERD 3  | 36 Bluxome St.      | 146.490 | SF General, St. Francis                         |
| ERD 4  | 2150 California St. | 147.435 | Cal Pacific Med Center-Sacramento St.           |
| ERD 5* | 1443 Grove St.      | 145.530 | UCSF, St. Mary's, Cal Pacific, Kaiser-Geary     |
| ERD 6  | 3880-26th St.       | 147.510 | St. Luke's Hospital, SF General                 |
| ERD 7  | 441-12th Ave.       | 147.570 | VA Hospital, Kaiser, Cal Pacific-California St. |
| ERD 8  | 2155-18th Ave.      | 147.540 | Seton Medical Center                            |
| ERD 9  | 1000 Ocean Ave.     | 147.405 | Seton Medical Center                            |
| ERD 10 | 2245 Jerrold        | 144.270 | SF General Hospital                             |
| ERD II | The Presidio        | 146.475 | VA Hospital, Kaiser                             |
| ERD 12 | Treasure Island     | 146.595 | None  |

For the location of American Red Cross shelters and first aid centers, listen to the Emergency Alert System following a major disaster. In San Francisco: KCBS 740AM.

## March-April 2006 Class Schedule

TO ENROLL- Call 415-970-2024 or go to http://www.sfgov.org/sffdnert for online registration.

Share the schedule with family and friends. Be sure to tell them: They can take the training at any location. They can "mix & match" sessions to match their schedules . . . can't make all the Tuesday sessions? Make them up on Saturday or Thursday.

#### Dolores Plaza/Mission/Church/Castro/Hayes Valley

Beginning February 27, Monday evenings, 6pm-9pm February 27, March 6, 13, 20, 27, and April 3 **Dolores Plaza, 1839—15th St.** 

#### **Animal Care & Control Hosts - Inner Mission**

Beginning February 28, Tuesday evenings 6pm-9pm February 28, March 7, 14, 21, 28, and April 4 **1550 Bryant Street** 

### Marina—I 00th Anniversary Class NERT returns to its roots!

Beginning March 20, Monday evenings, 6pm-9pm March 20, 27, April 3, 10, 17, 24 Golden Gate Yacht Club, One Yacht Road, Marina & Lyon

#### Western Addition/Civic Center/Hayes Valley

Beginning April 4, Tuesday evenings, 5pm-8pm April 4, 11, 18, 25, May 2, and 9 Ella Hill Hutch Community Center, 1050 McAllister Street/Webster

#### Glen Park/Diamond Heights/Noe Valley/Sunnyside

Beginning April 5, Wednesday Evenings, 6pm-9pm April 5, 12, 19, 26, May 3 and May 10 Glen Park Rec Center, Bosworth/O'Shaughnessy

Rec & Park Hosts in Golden Gate Park

Inner Sunset/Haight/Golden Gate Heights
Beginning April 6, ThursDAYS! 9:00am-4:00pm
April 6, 13, and 20
San Francisco County Fair Building, 9th Ave/Lincoln

Check the NERT web site for the latest information on scheduled classes.

Victims needed: April 3, 4 and 24, May 9, 10 and 20 It's fun, it's free, it's a great way to learn!



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It's our fault! Get ready! Get NERT!

On the web at: www.sfgov.org/sffdnert