

San Francisco Neighborhood Emergency Response Team

NERT News

55+ A Plus for NERT

What a difference a week makes!!! The events in the Gulf Coast have been an unbelievable lesson. Thank you to every one of you for participating in NERT and getting prepared before you need it. I am moved by your willingness to help.

While there is an urgent need for action, here will also be a long-term need in the aftermath of Katrina. Stay involved. Consider building your neighborhood team. Organize your block. Participate in practice exercises to help you develop the tools you need. I recognize the need for our Citizen volunteers. Again, thank you!

*Lt. Erica Arteseros,
NERT Coordinator*

With age comes wisdom, a good Cabernet, and NERT Special Forces! NERT has been awarded a Federal grant that enables us to put the experience and commitment of NERTs 55 and older into a special outreach program.

Program Coordinator, Lt. Erica Arteseros met with 25 'senior NERTs' August 23rd. She reminded them about basic elements of preparedness and emergency supplies, presented The Plan, and answered questions. Everyone received a Red Cross back pack with a few essentials including water packets, flashlight and batteries.

Part 1—The Mission: Talk to 5 people about emergency preparedness and get their commitment to put together home, work, and car emergency kits. The people you talk to can be anyone—a family member, neighbor, friend, co-worker. And can be of any size, shape, or age! That's it. That's the commitment. Of course, we hope you'll talk about NERT and encourage people to get trained. The course schedule is on the back page. And if you want to

talk to more than 5 people, well, we won't stop you!

Part 2—Reporting: We're spending Federal money and we need to show that it was spent as we said we would. You will need to give us a list of the people you talked to and follow up with them to see if they really did put those emergency kits together.

Part 3—Lead Your Community: As we prepare for a disaster-and very surely during one, we look to our older and wiser NERTs to lead their neighborhoods and direct untrained volunteers. Participating in this program, being part of NERT—these are signs that you are already a leader.

Join our special forces! You can get started right away using the tips for seniors and emergency kit lists inside this issue. Use your NERT manual to give more details and show the benefits of NERT training!

Contact Lt. Erica Arteseros at 415-970-2022 or sffdnerf@sfgov.org. Your Special Forces packet will be mailed to you. ❖

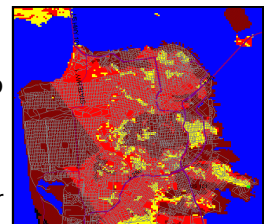


1906—2006: NERT Will Make a Difference!

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The Great Quake defined San Franciscans' character and redefined our City. The centennial remembrances and celebrations are being planned throughout California —and NERT will be part of them. It is up to us to shape that participation: exhibits, exercises, speaking, class enrollment drives, working with other agencies, strengthening our neighborhood teams. . . The choices are limited only by our own enthusiasm! Team coordinators brainstormed lots of ideas during their spring meeting and Barbara Underberg and David Hirtz, of the NERT Advisory Board, have volunteered to lead NERT's participation.



And now it's time to get down to business. 2006 is only a few months away, and April 18 will come very quickly. NERT will need all kinds of skills to put together a plan and carry it out—especially something that will showcase our emergency capabilities and encourage more people to get trained. A planning meeting is scheduled for **Tuesday, October 25, at the SFFD Department of Training, at 19th and Folsom (enter from the parking lot on 19th), at 7:00 p.m.** Bring ideas and enthusiasm and expect to work! ❖

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The deadline for submissions is the first Friday in February, May, August, and November. Submitted materials are subject to editing for style, content and length. NERT is not obliged to publish materials received.

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**Next
 Deadline
 November 5**

Disaster on the Gulf

Lynn Jacklevich

The pictures, the voices—like the collapse of the World Trade Centers and the aftermath of the December tsunami, the images of the devastation in Louisiana, Mississippi, and Alabama are etched into our minds and hearts. Though I have spent the past 10 years preparing and planning for disaster, I see now that there is never enough of both and never enough time. And, in the end, it will be up to each of us to take care of ourselves and each other.

It will also take a lot of us! Which brings me back to those in need. You've all been watching, so you know that the Red Cross is busy responding, along with many other agencies. And being NERTs, we're doers! We want to do something. And it looks like there will be a lot to do.

One of the easiest, of course, is to give the Red Cross money. Phone (415) 427-8000 or go to the web site, http://www.bayareareddcross.org/topnav/hurricane_katrina.htm and press the "donate now" button.

You can also volunteer! Recovery will take a long time...and a lot of people. If you can't volunteer now, get ready to volunteer later. The teams there now will need to be relieved—we can be those people! Phone (415) 427-8000 or go to <http://www.bayareareddcross.org/topnav/vol/vol.htm>. You have skills already and they can train you in shelter management.

We can make a difference!

Managing Disaster

What does Logistics do again? How does the information flow from Planning? Are we going to respond to a gas leak? You heard both the questions and answers on August 20 during our ICS-in-the-staging-area mini drill.

Firefighter Patty Yuen Lui, former Program Coordinator and now a NERT instructor, gave us a refresher on Incident Command System (ICS) from Class 5, answering lots of questions. Starting with SEMS—the Standardized Emergency Management System that all California agencies use in emergency response, she showed how it is put into practice in San Francisco. She explained the section roles of Incident Commander, Planning and Intelligence, Operations, Logistics, and Finance-Administration and talked us through handling incidents—getting the right information, to the right people, so the NERT team can accomplish its goal of doing the most good for the most people.

After a coffee and bagel break, Bob Jacklevich put the classroom into the real world, directing Barbara Underberg, Marnie Gerlach, David Hirtz, Gary Isaacson, and Lynn Jacklevich as we 'arrived at the staging area' and took on the different roles. Then JoAnn Scordino arrived to report collapse of the BART tunnel at Glen Park station. As she moved from Planning to Command to Operations/Logistics, each section chief talked about what he/she would do and why. And then there were

(Continued on page 7)

2005 NERT Calendar

SEPTEMBER

9/21 - Coordinators Meeting

OCTOBER

10/8-9 - Fleet Weekend, Marina Green

10/15 - Citywide Drill in the Neighborhoods

10/15 - PacifiCon Ham Radio Convention

10/17 - Loma Prieta Anniversary

10/19 - Executive Board Meeting

10/22—Noe Valley Harvest Festival (and NERT drill) 24th and Noe

10/25 - 1906 Centennial Planning, Division of Training, 7:30 pm

NOVEMBER

11/30 - Year-End Celebration, location TBA

Contact your team coordinator to find out about team meetings and events. They're listed on pages 6 & 7.

**Sunset/Parkside Team meets
 9/15 and 11/17**

**Episcopal Church on 29th Ave. btw
 Moraga & Noriega, at 7:00 pm**

**Noe NERT meets 9/26, call Maxine
 Fasulis, 641-5536 for time and place**

**Volunteer to be a victim:
 Check schedule on the back
 for dates and locations!**

Earthquake Preparation Tips for Seniors

BEFORE AN EARTHQUAKE

Create your emergency plans.

- ✓ Involve family, neighbors, and care givers. Have them help you make your home safer and put together your emergency supplies.
- ✓ Find a “buddy” - someone you call every day at the same time just to ‘check in’ and let each other know you’re all right.
- ✓ Decide who will check on you after an earthquake. Give everyone each other’s contact information.
- ✓ Tell them your special needs. Show them how to operate any equipment you use, where your emergency supplies are; give them a spare key.
- ✓ Plan and practice the best escape routes from your home.
- ✓ Find safe spots in your home for different kinds of emergencies.
- ✓ Prepare for sheltering in place: you may need to be self-sufficient for at least 3 days. See the kit lists on the next page. Consider making signs to put in your window: *I’m OK* or *I need help* could help rescuers and save your voice!
- ✓ Prepare for evacuation: have a bag with the medicines (or prescriptions), clothing, and valuables you need to take with you.
- ✓ Collect your important papers—insurance, bank information—ahead of time so you can find them quickly and easily if you need to evacuate. Give copies to a family member outside the Bay Area.
- ✓ Make plans for your pet—shelters accept only working animals, like seeing-eye dogs. See if a neighbor can look after your pets.
- ✓ Contact the **Vial of Life** program for storing medicines and prescriptions.



Make your home safer.

- ✓ Eliminate hazards, such as bookcases that could fall and block doorways—attach them to the wall.
- ✓ Make it as easy as possible to get under a sturdy table or desk quickly for protection.
- ✓ Anchor your telephone, television, and any life support equipment. Tanks of gas (oxygen) should be fastened to wall studs.
- ✓ Put a security light in each room. These plug into any outlet and light up automatically if there is a loss of electricity. They operate for 4 to 6 hours and can be turned off by hand in an emergency.
- ✓ Walking aids should be kept near you at all times. Store extra walking aids in different rooms of the house.
- ✓ Keep a list of medications, allergies, special equipment, names and numbers of doctors, pharmacists and family members. Make several copies so you can have one with you at all times and in different places in your home.

Vial of Life

...speaks for you when you can't.

Fire departments, hospitals, agencies around the United States support the Vial of Life program—a simple way to keep medical information where emergency medical responders can find it quickly and easily.

You fill out an information sheet with medical and prescription information, put it into an empty medication vial, and put the vial in your refrigerator where it can be seen easily. Then put the magnet on the refrigerator door and the decals in your window. Fire/Rescue and SF Paramedics will see them and know where to look to find vital information. So even if you are too ill to tell them, they will have information needed to give you the right kind of treatment.

In San Francisco, contact Darnisha Wright in the Emergency Communications Department, 415-558-3800.

All materials are provided FREE!



Think how different life might have been for the thousands of Gulf Coast evacuees if they had had emergency kits—for themselves and to share with those less fortunate. Get you kits together NOW!

72-Hour Supply Kit—Home



Got kids? Make Kid Kits!

- Contact information for Mom and Dad, out of state contact
- ID with your names, contact numbers
- Who is authorized to pick your kids up if you can't get there
- Family reunification plan—with a note from Mom and Dad that everything will be all right
- Favorite book or toy, especially for little ones
- Favorite snack and juice box
- Change of clothes
- Extra medication, make sure school knows what these are and how to store them (if they need refrigeration)

Happy Anniversary

Check and rotate water, food, batteries and clothes at last once a year.

Pick a date you'll remember—anniversaries of the 1906 or 1989 quakes are good reminders!

And DO IT!
Sort through your supplies. Donate food that is reaching expiration dates. Recycle dead batteries.

- Water, 1 gallon per person per day for at least 3-5 days (4 people = 12-20 gallons!)
 - bleach, to purify domestic water if needed; 2-4 drops per quart
- Food, enough to feed your family for 3-5 days; choose foods that
 - are easily stored, ready-to-eat, and have a shelf-life of at least 1 year before they need to be replaced; canned and dried foods, soups, canned juice and milk, are perfect emergency supplies
 - are low in salt and do not require large amounts of water to cook; if you plan to cook noodles or rice, store cans of broth for cooking
- Cooking supplies: an alternative way to cook (grill, camp stove), utensils, manual can opener, foil and plastic wraps, matches, zip plastic bags, garbage bags
- Clothing: a complete change of clothing for each person, stored so it stays dry and clean; heavy enough to protect you and keep you warm, boots or heavy shoes—comfortable too; gloves, rain ponchos
- Safety Supplies: flashlight and portable radio with extra batteries, candles and matches, duct tape, good pair of scissors, whistles (to get attention and keep track of kids), rope, sharp knife, small tools like a wrench for utility shut-off, fire extinguisher
- General Supplies: plastic bags, money (no ATMs!), pencil and paper, city/area maps, extra sets of house and car keys, ID cards for everyone, 'space' blankets, emergency contact information and reunification plans, insurance information
- Hygiene Supplies: soap-waterless kind, liquid detergent, shampoo, toothbrush and paste, tissue, toilet paper, sanitary supplies (sanitary napkins make excellent pressure bandages), paper towels
- Medical Supplies: first aid kit (adequate kits in stores or assemble your own), first aid book; medications, extra eyeglasses, and prescriptions for both, list of doctors
- If you evacuate, you may need tent, sleeping bags, some means for moving all your supplies (wheeled cans), and games or cards
- Special items for infants, children, elderly, disabled
- Consider your pets—they need their own water, food, leashes, carrier or shelter



Workplace Kit

A simple kit that will allow you to get to your home or reunification site

- Comfortable walking shoes
- Flashlight
- Portable radio
- Small amount of water and food
- Money
- Contact information

Do you know what plans your employer has for evacuation?
Sheltering in place?
Contacting you after a disaster?



Car Kit

Similar to the workplace kit

- Comfortable walking shoes
- Flashlight
- Small amount of water and food
- Basic first aid kit
- Money
- Contact information, maps
- Change of clothes
- Flares
- Emergency blanket



Make sure you keep the gas tank full! Never let it go below half a tank. It takes electricity to pump gas and passable roads to get to a station—neither may be available!

What's WOTP, Doc? Part 2



Last issue, you met the West-of-Twin-Peaks Ham Team— a group of NERTs working to develop their radio skills and capabilities. This issue we present some of their accomplishments.

Communicating from staging area to ERD is the most serious need, but we hope there'll be enough ham radio operators that our search and rescue teams will have one with them as they respond to incidents throughout a neighborhood. For WOTP, Mt. Davidson blocks half of the neighborhood from line-of-sight communication with the staging area, direct radio communication will virtually be impossible. Surrounding neighborhoods have the same challenges.

WOTP has developed a system for relaying transmissions using auxiliary antennas built by team members and a mobile cross-band repeater, which we located so it is visible to most points west of Twin Peaks. It receives messages on one frequency band (2 meter or 70 cm) and retransmits them on the other band. This has overcome most of the line-of-sight and signal strength problems of communicating on simplex. At a more basic level, we have prepared clear, detailed instructions for using and programming each of the radios types used by the members of the team.

Our net meets about once a month in the evening. To find out times of the net and the location of periodic face-to-face meetings and field exercises, send an email to wotp@pacbell.net.



Riding the [Air] Waves

You can contact NERT hams through Bob Jacklevich, 415-282-4195 or KF6PFV. NERT Ham Communications Team (HCT) can listen and learn from the Auxiliary Communications Service. ACS holds two 'nets' weekly.

"Siren Net", every Tuesday at noon, is your chance to call in and report on the operation of sirens located throughout the City. Call in on the W6TP repeater: 443.100+ pl 114.8 or 146.79- pl 114.8. **NOTE:** the tone is a recent addition to the frequency.

"ACS Net" for ACS members is Thursdays at 7:30 p.m. on WA6GG repeater, 442.050+ pl 127.3. All are welcome! ACS Operations phone 415-558-2717.

San Francisco's geography makes it necessary to use different repeaters. Hams on the north and west sides of the City should use 145.150; on the east and south sides, use 146.79- or 443.100 pl 114.8. Red Cross Mass Care Shelter simplex frequency is 147.420; monitor 145.15+ and 146.79-.

The San Francisco Amateur Radio Club is another resource for Hams. Call 415-563-2111 or check the web site, www.sfarc.org or phone 415-245-1114. The SFARC radio net is Mondays at 8 p.m. on the W6PW repeater, 145.150- pl 114.8.

New public service web site from Office of Emergency Services (OES): www.72hours.org/.

ASK NERT Dirty Bombs and Preparedness



From Helen Gurley – a 55+ Special Forces Member!

A NOVA program reported on the facts and misconceptions relating to the term "dirty bomb". This is a potent weapon for terrorists, not because of the damage it causes but because of the panic and over-reaction it creates in citizens and officials alike.

What is a dirty bomb? An ordinary explosive device combined with a core of radioactive material. It is not an atomic bomb; it is bomb that contains radioactive material that can be blown into the atmosphere.

What physical damage results from exploding a dirty bomb? From the explosion, minor, local damage, similar to a car bomb. But the radioactive material adds to naturally occurring radiation in the air. Scientists can not predict the long-term effects of such radiation, but the general public fears it is lethal at any level.

What can be done to reduce bomb-caused radiation? The only way we know at present is to demolish any structures that may harbor radioactive particles - buildings, sidewalks, sewers - and to secure that material by enclosing it in concrete or other shielding, and transporting it to a remote location.

Ask NERT

How do we prepare for a radiation bomb? First: Re-take NERT training. Since 2002, "Terrorism and NERT" has been a module in the standard course. Second, preparing for a man-made disaster is much the same as preparing for a natural one: have your supplies ready, know your plans and contacts, be aware of what's happening around you.

What is the NERT response to explosion of a dirty bomb? Our safety is our first priority – listen to emergency broadcasts and keep away from the scene. Sometimes, staying put is the best response.

NERT Neighborhood Team Directory

This directory is for the private use of NERT members only. Any other use is strictly prohibited. Teams are listed with coordinator, contact information, and staging area. If your neighborhood has no team coordinator in , call the NERT office to find out more!

Balboa Terrace/Mt Davidson Manor, ERD 9

Susan Yip
Sdyip@juno.com or 469-7559
Aptos Middle school Field,
Aptos@Ocean

Bayview/Hunters Point, ERD 10

Call 970-2022 to volunteer
M.L.King, Jr. Pool, 3rd@Carroll or
Bret Harte School

Bernal Heights, ERD 6

Barbara Underberg, 648-6220
Precita Park, Precita@Folsom

Castro, ERD 6

Scott Calloway, 648-6480
Collingwood Rec Center

Cayuga, ERD

Barbara Fugate,
mousecollector@msn.com
c/o Cayuga Improvement Assoc.
Site to be determined

Chinatown, ERD 1

Call 970-2022 to volunteer
Portsmouth Square

Civic Center

Call 970-2022 to volunteer
Site to be determined

Diamond Heights, ERD 6

Call 970-2022 to volunteer
Christopher Recreation Area

Duboce Triangle, ERD 5

Rochelle McCune, 861-5758
Duboce Park, Duboce@Steiner

Excelsior, ERD 9

Call 970-2022 to volunteer
Crocker Amazon Park
Moscow@France

Glen Park, ERD 9

Call 970-2022 to volunteer
Glen Park Rec Center

Haight/Ashbury, ERD 5

Call 970-2022 to volunteer
Panhandle, Masonic@Oak

Ingleside Terrace, ERD 9

Barney Johnson, 584-5223
Junipero Serra Blvd.@Mercedes

Inner Richmond, ERD 7

Vincent Louie, 387-4477
Mt. Lake Park, Lake@9th Ave.

Inner Sunset, ERD 7

Call 970-2022 to volunteer
Golden Gate Park, 7th Ave@Lincoln

Laguna Honda, ERD 8

Call 970-2022 to volunteer
Triangle Park,
Laguna Honda/Balceta

Lakeside, ERD 9

Gene Agatstein agat@ix.netcom.com
Serra Playground, Stonecrest Drive

Laurel Heights, ERD 4

Call 970-2022 to volunteer
Laurel Hill Playground, Euclid/Collins

Marina, ERD 4

Call 970-2022 to volunteer
Moscone Playground,
Chestnut/Buchanan

Midtown Terrace

Ron Miller & Valerie Walker
970-0654
Playgrnd Olympia@Clarendon

Mission, ERD 6

Call 970-2022 to volunteer
Dolores Park stairs, 19th/Dolores

Mt. Davidson/Miraloma, ERD 9

Gary Isaacson, 585-9729
Phil Laird, 469-0876
Miraloma School, Omar@Sequoia

Nob Hill, ERD 1

Buck Bradberry,
buck.bradberry@msn.com
Ritan Hurtado, 776-2742
Huntington Square Park,
California@Taylor

Noe Valley, ERD 6

Maxine Fasulis, 641-5536 or
mfasulis@yahoo.com
James Lick School, Noe@Clipper

North Beach, ERD 1

Ted Nelson, 956-7282
North Beach Playground,
Powell@Lombard

North of Market, ERD 2

Call 970-2022 to volunteer
Boeddeker Park, Jones/Eddy

North of Panhandle, ERD 5

Tys Sniffen
tyss@ideamountain.com
Jack Bascom, 346-5756
Panhandle, Oak@Masonic

Outer Richmond, ERD 7

David Hirtz, 387-4244
Washington High School, 31st@Geary

Pacific Heights, ERD 4

Katherine Florio
kcflorio@hotmail.com
Lafayette Park, Gough/Sacramento

Park Merced East, ERD 9

Call 970-2022 to volunteer
Parking Lot, 640 Palmetto

Parkview, ERD 5

Call 970-2022 to volunteer
Kezar Triangle, West End
Lincoln@Arguello

Potrero Hill, ERD 10

Bob & Lynn Jacklevich, 282-4195
kg6cev@yahoo.com
Daniel Webster School
Missouri@20th St.

Presidio Heights, ERD 4

Carol Solfanelli
Solfanelli@earthlink.net
Presidio Heights Playground,
Clay@Laurel

Russian Hill, ERD 1

Donald & Betti Miner, 554-3050
bettiboop2000@yahoo.com
Helen Willis Playground or
Galileo High or Yick Wo School

St Francis Woods, ERD 9

Herb & Marnie Gerlach, 664-5215
Terrace Green, Santa Clara@Terrace

(Continued on page 7)

South of Market, ERD 3

Call 970-2022 to volunteer
Moscone - Yerba Buena Gardens

Sunnyside, ERD 9

Call 970-2022 to volunteer
Sunnyside Recreation Center

Sunset/Parkside, ERD 8

Eilish Cronin, elizcronin@wans.net
John O'Connell Library, 39th@Ortega

Sunset/Parkside Team will be at the Sunset Festival September 24 at 29th Ave. and Lawton from 11 am-4 pm. Volunteers are needed. RSVP to elizcronin@wans.net.

Telegraph Hill, ERD 1

Call 970-2022 to volunteer
North Beach Playground,
Powell@Lombard

Treasure Island, ERD 13

Call 970-2022 to volunteer
School Playground near Station 48

Visitacion Valley, ERD 9

Call 970-2022 to volunteer
Community Center, 50 Raymond

West Portal/Parkside, ERD 8

Diana Lum, dlum@wcf.com or
731-7793
Larson Park, 19th Ave@Ulloa

Western Addition, ERD 5

Call 970-2022 to volunteer
Uptown Church of Christ,
Fillmore@McAlister
Tennis Courts, Clay@Steiner

Westwood Park, ERD 9

Wayne Yake,
cdryake@speakeasy.net
Andrew Zittell, 247-2747
Montecito Green, Montecito@ Ply-
mouth

(Continued from page 2) *Managing Disaster*

questions and comments from all the student-observers. Lots of questions. Sometimes there were answers; more often, there was a discussion of the many possibilities.

Then it was time for everyone to practice. Placed into teams of 5-7, each person chose/was assigned/volunteered for an ICS role. Each team was given the same incident and 10 minutes to talk through 1) how the information would flow through the ICS sections 2) what each section would do, and 3) what would be the NERT response. After a couple minutes of "what did we learn", each team took on a second incident—a more complicated one; and after 15 minutes faced a third, still more complex problem. The talk got louder and more animated as people got to know each other and became more comfortable in the roles.

It's not possible to summarize all the things we learned. The main lessons though—practice, practice, practice. If you know what each role does and how information flows and decisions are made, then the only surprises you'll get during the disaster are the incidents themselves.

Incident command works—if we work at it now! ❖

**NOE NERT
October Drill is a
Festival!**
Noe NERTs are asked to
volunteer for booth and
demonstration at the
**Noe Valley Harvest
Festival**
October 22, 2005
24th and Noe
Details at the Noe NERT
meeting September 26.
All NERTs invited!

ERD Information

Ham radio operators: For the latest update on ERD simplex frequencies, contact the ACS Operations Officer at 415-558-2717.

ERD	Address	Simplex	Disaster Care Facility
ERD 1	1340 Powell St.	145.560	Chinese Hospital, St. Francis
ERD 2	109 Oak St.	144.240	Kaiser, St. Francis
ERD 3	36 Bluxome St.	146.490	SF General, St. Francis
ERD 4	2150 California St.	147.350	Cal Pacific Med Center-Sacramento St.
ERD 5	1443 Grove St.	TBA	Brown out
ERD 6	3880-26th St.	147.510	St. Luke's Hospital, SF General
ERD 7	441-12th Ave.	147.570	VA Hospital, Kaiser, Cal Pacific-California St.
ERD 8	2155-18th Ave.	147.540	Seton Medical Center
ERD 9	1000 Ocean Ave.	147.405	Seton Medical Center
ERD 10	2245 Jerrold	144.270	SF General Hospital
ERD 11	The Presidio	146.475	VA Hospital, Kaiser
ERD 12	Treasure Island	146.595	None

For the location of American Red Cross Shelters and First Aid Centers, listen to the Emergency Alert System following a major disaster. In San Francisco: KCBS 740AM



2005 Fall Class Schedule!

TO ENROLL

Call 415-970-2024 or go to <http://www.sfgov.org/sffdnert> for online registration.
Give your name, phone number, location and start date of class you want to attend.

N. Panhandle, Richmond, Haight, Western Addition
Beginning September 12, Mon-Wed mornings, 9-12
USF Koret Center Alumni Room
Parker & Turk Sts
Sept 12, 14, 19, 21, 26, 28

Rec & Park hosts Inner Sunset/Haight/Cole Valley/Golden Gate Heights/N Panhandle
Beginning Sept 23, Friday afternoons, 1-4 pm
County Fair Bldg, Golden Gate Park, 9th & Lincoln
Sept 23, 30, Oct 7, 14, 21, 28

Balboa Ter, Ingleside, West Portal, St. Francis Wood
Beginning Sept 20, Tuesdays, 6:30-9:30 pm
Aptos Middle School
105 Aptos, btw Upland and Ocean
Sept 20, 27, Oct 4, 11, 18, 25

Rec & Park hosts Sunset at Stern Grove Cabin
Beginning Oct 28, Friday afternoons, 1-4 pm
Oct 28, Nov 4, 18, 25, Dec 2, 9
Enter at 19th Ave & Sloat

Western Addition
Beginning September 29, Thursdays, 6:00-9:00 pm
West Bay Conference Center/Fillmore at McAllister Sts
September 29, October 6, 13, 27, November 3, 10

Tell your neighbors, family, friends,
colleagues at work about all classes!
Anyone can attend any class — you don't need to live in a
neighborhood to attend a class there.
Every San Francisco resident needs NERT!

Victims needed: Sept 28, Oct 25, 28, Nov 10, Dec 9. It's fun, it's free, it's a great way to learn!



SFFD - NERT Program
2310 Folsom Street
San Francisco, CA 94110

Phone: 970-2022
E-mail: sffdnert@sfgov.org

On the web at:
www.sfgov.org/sffdnert

It's our fault! Get ready! Get NERT!