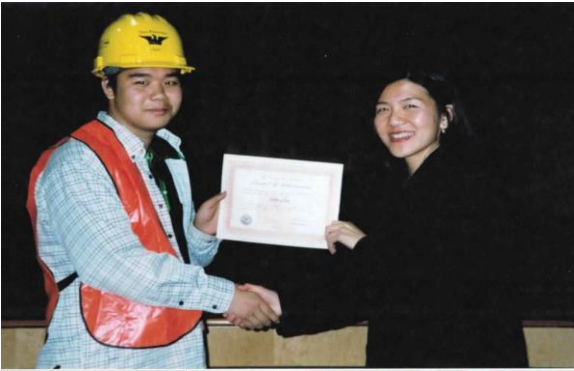


# 三藩市消防部門

## N. E. R. T. 街坊緊急互助隊

### 粵語培訓班



**誰應該參加?** 每一個人

**是什麼樣的培訓?** 免費的災難應急訓練 (粵語班)

**在哪裡/ 什麼時候?**  
 2019年9月14日 (星期六早上九時至下午五時)  
 2019年9月21日 (星期六早上九時至下午五時)  
 2019年9月28日 (星期六早上九時至下午五時)  
 地點: 和喜園  
 922 Jackson 街 (交 Powell 街)

*所有會議都必須參加 - 總 20 小時\**

*\*請注意, 參與者必須參加所有的課程, 以獲得所有的培訓。新的學生不能參加第二天或第三天的培訓, 因為他們將已經錯過了大量的培訓。參與者將獲得證書。如須要缺席, 有可能彌補課程。*

**如何參與?** 如有興趣報名, 請電: (415) 548-1248 (中文留言)  
 網上註冊 <https://forms.gle/XaX8eKU6fTxiQN5x7>

**為何要參加培訓?** 讓我們準備如何互相幫助。使三藩市成為災難復原能力強的城市!

**培訓課程班期**

2019年9月14日  
**地點: 和喜園**

- ☞ 地震的認識, 準備和減災策略
- ☞ 災難應變基本技能; 使用滅火器; 如何處理有害物質; 水電/煤氣的關閉方法

2019年9月21日  
**地點: 和喜園**

- ☞ 災難醫學
- ☞ 災難搜救訓練

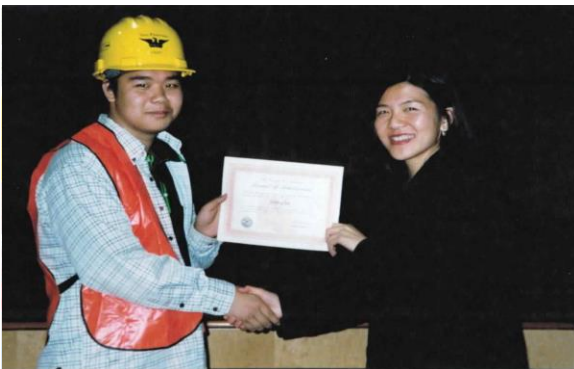
2019年9月28日  
**地點: 和喜園**

- ☞ 團隊組織與管理; 恐怖主義
- ☞ 實際操作培訓; 技能開發與應用

# SAN FRANCISCO FIRE DEPARTMENT

# N. E. R. T.

Neighborhood Emergency Response Team (CANTONESE-LANGUAGE TRAINING)



**WHO:** Everyone!!!  
**WHAT:** FREE Disaster Preparedness Training (Cantonese)  
**WHERE/WHEN:** **Saturday, Sept. 14, 2019** (9:00am – 5:00pm)  
**Saturday, Sept. 21, 2019** (9:00am – 5:00pm)  
**Saturday, Sept. 28, 2019** (9:00am – 5:00pm)  
 Location: Woh Hei Yuen  
 922 Jackson Street (near Powell Street)

**(MUST ATTEND ALL SESSIONS – 20 HOURS TOTAL!)\***

*\* Please note that the training will be conducted entirely in Cantonese, and it is very important for participants to attend all sessions in order to gain the full scope and benefit of the training. New students may not join on the second or third day of training as too much material has already been covered. A Certificate will be issued. Make ups may be approved.*

**HOW:** RSVP @ (415) 548-1248 to register. Visit <https://forms.gle/XaX8eKU6fTxiQN5x7> to see more about the training, other locations, and register online.

**WHY:** So we are prepared to do what we can for each other. Help make SF a resilient City!!!

## TRAINING COURSE OUTLINE

Sat. 9/14 – Woh Hei Yuen  
**Class Session #1...**  
 Earthquake Awareness;  
 Preparedness and Hazard Mitigation  
**Class Session #2...**  
 Basic Disaster Skills; Fire  
 Extinguishers; Hazardous Materials;  
 Utilities Shut-offs

Sat. 9/21 – Who Hei Yuen  
**Class Session #3...**  
 Disaster Medicine  
**Class Session #4...**  
 Light Search and Rescue

Sat. 9/28 – Woh Hei Yuen  
**Class Session #5...**  
 Team Organization and  
 Management  
 Terrorism & NERT  
**Class Session #6...**  
 Hands-On Training  
 Skills Development and Application

